**CP FORM 3**

**CLIENT LOG FORM**

**SUMMARY OF CLIENT CONTACT HOURS**

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| --- | --- | --- | --- | --- | --- |
| **CLIENT CODE** | **DATE:**  **FROM** | **DATE:**  **TO** | **No. OF SESSIONS** | **No. OF HOURS** | **PRESENTING CONCERNS AND MAIN ISSUES EXPLORED** |
| A1 | 30/1/24 | 30/1/24 | 1 | 1 | The client's main issue centres on her reluctance to proceed with treatment for a diagnosed breast abscess. Her hesitation is deeply rooted in fear, particularly due to the traumatic experience of a relative who passed away after undergoing treatment for a similar condition. This fear is significantly impacting her decision-making process regarding her own health and well-being. |
| A2 | 31/1/24 | 31/1/24 | 1 | 1 | The client's main concern lies in dealing with a septic foot wound necessitating a Below-Knee Amputation (BKA), prompting therapy to navigate the upcoming surgery and its significant impact on his lifestyle. The impending surgery and lifestyle adjustments are primary concerns requiring therapeutic support and preparation. |
| A3 | 1/2/24 | 07/2/24 | 2 | 2 ½ | The client's primary presenting problem revolves around both persistent physical illnesses disrupting her daily life and academic performance, with no identifiable physiological causes found despite medical consultation, and profound familial challenges stemming from her inability to reconnect with her biological father for 17 years, leading to unresolved emotional distress and a sense of resignation. |
| A4 | 7/2/24 | 7/2/24 | 1 | 1 | The client's primary concern revolves around his long-standing alcohol addiction, which began during university due to curiosity and peer pressure. This addiction has caused significant personal and social distress. He is motivated to overcome it and regain control over his life for a more fulfilling future. |
| A5 | 12/2/24 | 12/2/24 | 1 | 1 | The client's main issue centres on his enduring struggle with alcohol addiction, profoundly impacting his personal well-being and relationships. This addiction intertwines with emotional, psychological, and interpersonal dimensions, affecting his self-perception and ability to maintain healthy connections. |
| A6 | 14/2/24 | 14/2/24 | 1 | 1 | The client is deeply troubled by perceived HIV exposure and stigma, despite negative test results. Overthinking and stress have profoundly affected his mental well-being, leading to para-suicidal behaviour. Urgent intervention and support are crucial to address his emotional distress effectively and ensure his well-being. |
| A7 | 14/2/24 | 14/2/24 | 1 | 1 | The client seeks therapy due to a hostile home environment and ongoing risk of violence from her husband, accompanied by depressive symptoms with psychotic features since 2009. Concern for her children's well-being drives her decision to flee the home permanently. She aims to work independently and avoid contact with her husband to ensure her safety and well-being. |
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**TOTAL HOURS… COLLECTIVE HOURS…**

**STUDENT COUNSELLOR’S SIGNATURE… DATE…**

**SITE SUPERVISOR’S NAME… SIG… DATE…**

**UNIVERSITY SUPERVISOR’S NAME… SIG… DATE…**